



STUDYING TIPS FOR THIS FINALS WEEK

1. Stock up on lots of snacks and coffee!

Lots of students need to be actively moving while studying. Eating healthy snacks can help you focus and stay energized for a long day or night of studying. Studies also show that chewing gum helps you connect ideas as well as if you chew gum during your exam it will help you recall information better as well! Coffee will help you feel energized but don't overdo it otherwise a crash after finals week is over will definitely be in your future!

2. Get as much sleep as possible!

Studies show that getting a full 8 hour sleep prior to an exam will help you focus better and recall information more quickly. This will be better in the long run and pulling endless all nighters throughout finals week! Studying in advance during dead week will also help you practice recalling information and make finals week not quite as stressful as it may seem!

3. Develop a morning routine!

Blueberries have been proven to improve brain function in the morning so eating it before an exam will help your brain wake up and get into the swing of things! Also doing things like a crossword puzzle or Sudoku in the morning can help your brain begin to wake up as well.

HOT SHOWERS!!!

Hate getting up in the morning to a cold shower? Can't believe that there is no hot water, but your apartment feels like a sauna? We have the answers!

-Niskanen's heating system for both water and central air is all done through two boilers that rotate which is going to be used.

-The water temp is turned up since people all take a shower at once and then when everyone is done showering the hot water gets really hot, thus your apartment is a sauna.

-Again, everyone seems to take a shower at the same time: between 8:00 and 10:00 am.

Solutions

1. Take a shower at a different time of the day, 2:00 pm seems like a good time!
2. DO NOT turn on the air conditioner setting on the air conditioner. It freezes the motor and will start to sound like a helicopter is landing in your apartment.
3. Get a box fan, they work miracles!
4. LAST: Call service and repair (701-231-7282) if your apartment is above 85 or below 60 degrees. A temporary pre approved space heater will be provided upon request.

APARTMENT CHECK OUTS

Some tips for those of you moving out at the end of this semester:

1. Schedule a time to check-out with your Complex Manager at least five days in advance.
2. You may arrange a check-out with your Complex Manager for as much as two days before or two days after your originally scheduled check out date. This will help avoid any scheduling conflicts.
2. Remove all personal belongings from drawers, cabinets, closets, etc.
3. Vacuum all carpets and swiffer vinyl flooring. Use Resolve carpet cleaner for minor spot stains but a steam cleaner can be rented from an off-campus location if you wish.
4. Wipe out all drawers using a rag and Windex.
5. Clean all windows using a rag and Windex.
6. Wipe down all walls using a rag and Windex.
7. Clean bathroom sinks, toilets, and showers with an ecofriendly non-abrasive bathroom cleaner.
8. Use a sponge with hot water and soap to clean the kitchen sink and stove top. Don't forget to lift up your stove top and clean underneath it!
9. Set your oven to "Self-clean mode" to remove all baked on food inside of your oven. Wipe out oven drawer of crumbs using Windex and a rag.

NOTE: This is NOT comprehensive. Your apartment should be returned to its original condition by your scheduled checkout time.

WHAT TO DO IF YOU'RE JUST LEAVING FOR BREAK

1. Set your thermostat to 70.

You are responsible for taking care of your apartment even if you aren't there. Setting your thermostat to 70 degrees prevents pipes from freezing which causes expensive damages.

2. Close and lock your windows/close blinds.

Leaving your windows open can cause pipes to freeze even if your heat is on high. Use this as a good time to make sure the locking mechanisms on your windows are working properly too, for security purposes. If not, be sure to call NDSU Service and Repairs (701.231.7282) so they can come and fix it. Closing your blinds not only will help to keep heat inside of your apartment, it also promotes good energy efficiency practices for the future!

3. Unplug anything that is not being used.

Even if electronic consuming items are turned off does not necessarily mean they aren't consuming residual energy. The only way to be sure no extra energy is being used in your apartment while you are away is to unplug anything that can be, with the exception of maybe your refrigerator and a fish tank.

4. Dispose of perishable foods in your refrigerator.

Ridding your apartment of perishable food will ensure pleasant smells in your apartment on your arrival. Rotting food can also attract other unwanted guests into your home like bugs. Please notify NDSU Service and Repairs (701.231.7282) if anything like this occurs.

5. Find someone to babysit your fish.

Don't let the holidays be the end of your beloved pets! Ask friends who are staying around to feed them for you or maybe even your Complex Manager!

DRIVING HOME?

WINTER ROAD SAFETY TIPS

Driving in severe winter weather can be both frightening and dangerous for some motorists who have not had much snow driving experience or who do not follow road safety rules properly. However, with some preparation and precaution, driving in snow can be as easy as driving on normal days. The best advice for driving in bad winter weather is not to drive at all, if you can avoid it. However, if you do decide to go out, here are a few tips that can help you drive safely -

1. Give the snow plows and sanding trucks the time to do their job giving you better road conditions.
2. Always check your vehicle before going out to ensure that all the important components like brakes, lights, heater, wipers and tires are fine.
3. Carry an ice scraper, broom, shovel and flashlight all the time.
4. Take along some water, food and a warm blanket for an emergency.
5. Drive slowly and leave at least twothree times more space than usual days between yourself and the other vehicle. This will give you enough time and room to safely stop.
6. Always brake gently to avoid skidding.
7. Don't use cruise control.
8. Be especially careful on bridges and overpasses as they always freeze first.
9. If your wheels skid, take your foot off the accelerator and steer in the direction you want to go.
10. If you get stuck, use light touch on the gas and turn wheels from side to side. If needed, use a shovel to clear snow away from the tires. Don't spin the wheels as it will only dig you in deeper. Following these steps will definitely ensure that the driving conditions become easy for you. I wish all of you a great winter ahead and please drive safely. Don't forget to buckle up and please don't drink and drive.

Go Bison!

PET POLICIES FOR ALL APARTMENTS

Residence Life Pet Policy Reminder

Dear Tenants:

A pet related incident happened recently had increased the sense of importance to remind you about Residence Life Pet Policy. As you signed on "North Dakota State University 2012-2013 General Conditions of License Contract for University Apartments," you agreed on our pet policy stated as below:

(1) Animals or pets of any kind are not allowed in the University Apartments, with the exception of non-carnivorous fish in aquariums no larger than 30 gallons per apartment. Dogs, cats, birds, hamsters, gerbils, guinea pigs, rats, mice, rabbits, reptiles, etc. are prohibited.

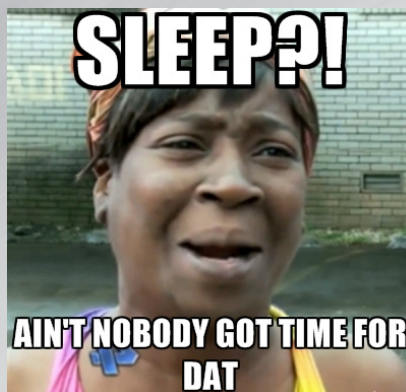
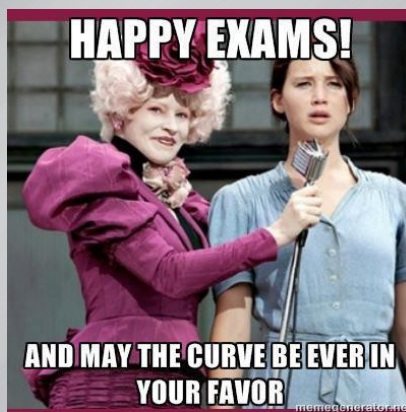
(2) Requests for a service animal are handled by the Office of Disability Services. Inquiries should be addressed to them.

The considerations behind this pet policy were regarding to epidemic disease, personal safety, allergy, noise, cleaning and etc. Please do not violate this policy to avoid putting your and other people's lives at risk. Report to Residence Life Office or your Complex Manager when you see a violation.

SNOW REMOVAL FOR UNIVERSITY VILLAGE APARTMENTS

University Village tenants are **REQUIRED** to remove snow from their front door out to the main sidewalk within the first 24 hours of snow deposit. Failure to do so results in a \$60 fine! Please keep this in mind as winter begins to pick up and more snow will be expected.

Comics of the Month



2012-2013 Complex Managers

Iddrisu Awudu
26 U.V. (A & B Court)
701.231.4026
iddrisu.awudu@my.ndsu.edu

Jingyang Xiao
172 U.V. (C & D Court)
701.231.4166
jingyang.xiao@my.ndsu.edu

Snnahill Tripathi
212 U.V. (E Court)
701.231.4194
snnahill.tripathi@my.ndsu.edu

Meixuan An
227 Niskanen (Building #1)
701.231.3617
meixuan.an@my.ndsu.edu

Kyle Pederson
227 Niskanen (Building #2)
701.231.3618
kyle.pederson.2@my.ndsu.edu

Kayley Klingbeil
117 Niskanen (Building #3)
701.231.3604
kayley.collins.2@my.ndsu.edu

Quincey Faul
117 East (Bison Court East/West)
701.231.4421
quincey.faul.2@my.ndsu.edu

In case of an emergency
call University Police
701.231.8998

For maintenance call
Service and Repair
701.231.7282