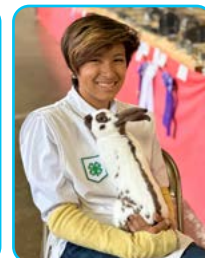


Hitting it Out of the Park with 4-H Projects



North Dakota 4-H Volunteer Project Training 2023

Dates, Times, Locations

Wednesday, Nov. 1 – Southwest

5:30-8:30 p.m. CST

Hazen High School

520 1st Ave NE, Hazen, ND

Registration deadline: Oct. 18, 2023

Thursday, Nov. 2 – Northwest

5:30-8:30 p.m. CST

First Lutheran Church

916 Main St, Williston, ND

Registration deadline: Oct. 19, 2023

Wednesday, Nov. 8 – Southeast

5:30-8:30 p.m. CST

Southeast Area Vocational Center

924 7th S, Oakes, ND

Registration deadline: Oct. 25, 2023

Thursday, Nov. 16 – Northeast

5:30-8:30 p.m. CST

Lake Region State College -

Chautauqua Room

1801 College Dr N, Devils Lake, ND

Registration deadline: Nov. 2, 2023

NDSU Extension 4-H Youth Development invites you to gather new ideas to create fun learning experiences for all 4-H members. Join us for an evening to build your skills as a 4-H teen or adult volunteer, parent/caregiver or Extension professional.

How to Register

Cost: \$10 per participant

A minimum of **20 participants** is required by the registration deadline for the event to be held.

Online registration is available at <https://v2.4honline.com/#/user/sign-in>

Questions? Contact Liz Fox Cameron:

Email: elizabeth.fox.1@ndsu.edu

Phone: 701-231-7259



4-H Volunteer Project Training is sponsored by NDSU Extension, 4-H Youth Development and Farm Credit Services, a supporter of the North Dakota 4-H Foundation.

#ND4H

#ND4Hthriving

#NDSUExtension

North Dakota 4-H Volunteer Project Training 2023



Schedule

Please wear your favorite baseball or softball team jersey or fan clothing.

- 5:30 p.m. Registration, meal, welcome and introductions
- 6 p.m. General Session: What Position Do YOU Play in Positive "YOU"th Development?
- 6:30 p.m. Session 1
- 7:15 p.m. Session 2
- 8 p.m. 4-H Tables - 4-H resources/trunk exploration and evaluations



General Session: What Position Do YOU Play in Positive "YOU"th Development?

Volunteers have a strong desire to help youth thrive. Discover how YOU play a critical role in helping youth become thriving, engaged citizens prepared with skills for employability. Step up to the plate and learn how to hit a home run in positive youth development!

Session 1: Participants will choose one workshop for each session.

Home Runs with Living Exhibits

Communication Arts and Project Expo are two great activities that allow youth to showcase their learning and talents. Join us to learn how to best prepare youth for these activities and tips and tricks of the trade!

Taking Care of the Field: Planning for Pollinators

A planting is the most significant action one can take to aid pollinators. Participants will learn what pollinators need and engage in learning activities 4-H youth can use to support them.

Ways to Hit a Triple with Fair Entry

4-H families, volunteers and Extension professionals are all on the same team when it comes to Fair Entry. Learn new plays to make entering 4-H projects a breeze.

Session 2: Participants will choose one workshop for each session.

Leadership Opportunities that Will Improve Your Swing! You Can't Hit a Home Run Unless You Swing for the Fences!

Leaders must think big and act big! There are many chances to bat it out of the park in 4-H. Let's start with discussing 4-H leadership opportunities, 4-H camp counselors, Extension Youth Conference, Ambassadors and 4-H awards to improve your batting average.

Hey, Coach! Yes, You!

Are you curious about stepping into the world of coaching a competitive 4-H team in livestock, horse, hippology, quiz bowl, public speaking, dairy or meat? You can do it! No prior experience is necessary. We'll talk about resources, coaching strategies and answer your burning questions so you can step up to the plate.

Take Me Out to the Barnyard

Are you looking for ways to engage younger 4-H'ers in STEM Activities? Take part in a Barnyard CSI game and learn about manure analysis, hoof print analysis, hair analysis, and use deductive reasoning to solve a barnyard crime. Receive all materials needed to facilitate this activity with 4-H youth.

General Session: 4-H Exploration Table Topics

- 4-H Club Officer + Parliamentary Procedure Cards
- 4-H STEM Challenge Kit
- 4-H Environmental Lesson Display - judging crops, land and range
- Take 10 for Leadership - Parliamentary Procedure Activity
- Meet the North Dakota 4-H Foundation
- Take and Run - new animal science curriculums, grab-and-go lessons
- 4-H Camping Opportunities
- Understanding 4-H Exhibit Cards