






Influenza in Kids

Flu can be serious for infants and young children.

-  Children under 5 and those with long-term health conditions are at higher risk of severe complications.
-  Each year in the U.S., 6,000-27,000 children under 5 are hospitalized for flu-related illness.
-  Vaccinating older children against the flu helps protect others and reduces community spread.

All children 6 months and older should get the flu shot for the best protection.



THE FLU SHOT

Getting the annual flu shot is your child's best protection against the flu. While some children are at higher risk, there is no way to tell who is going to get really sick.



BENEFITS

Children who get the flu shot are less at risk for the flu and serious flu complications. They miss less school compared to kids who don't get the flu shot.



SAFETY

The flu shot can't give you the flu. Most kids don't have any side effects after flu vaccination. Some might be tired or experience mild discomfort for a few hours afterward.