

From: [Frazier, Emily](#)
To: NDSU-THRIVE@listserv.nodak.edu
Subject: Thrive@NDSU- Core Values and Reflection
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Attachments: [image004.png](#)
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You're in the homestretch! You've done the work and are wrapping things up. Take a minute to breathe as you finish finals and consider [NDSU's Core Values](#). Where did you see these in action this semester? Did your decisions align with them? What would you do differently if you had another chance (there's still next semester...)?

Hang in there. Study hard, eat and hydrate well, and maintain some adequate sleep patterns!

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We collectively acknowledge that we gather at NDSU, a land grant institution, on the traditional lands of the Oceti Sakowin (Dakota, Lakota, Nakoda) and Anishinaabe Peoples in addition to many diverse Indigenous Peoples still connected to these lands. We honor with gratitude Mother Earth and the Indigenous Peoples who have walked with her throughout generations. We will continue to learn how to live in unity with Mother Earth and build strong, mutually beneficial, trusting relationships with Indigenous Peoples of our region.

