

From: [NDSU SAEM Global](#) on behalf of [Oster-Aaland, Laura](#)
To: NDSU-SAEM-GLOBAL@LISTSERV.NODAK.EDU
Subject: Our Good Things - June Update
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Attachments: [image001.png](#)

Hello everyone,

Carin googled 'gratitude in the summer' and found this interactive site. [Looking For Gratitude Exercises? | Gratitude Revealed](#)

Give it a try! I thought it was kind of neat, especially its focus on "gratitude as a way of life." I find it so much easier to practice gratitude in the summer with the warm weather, beautiful flowers and chances to be outside.

The month of June has been busy with Orientation, Financial Re-Organization business and trainings, and lots of planning for fall. I appreciate each of you and am grateful for how you recognize the good in those you work with on campus.

The following individuals were recognized in June:

Scott Pryor in Engineering

Michelle Marks in Financial Aid and Scholarships

Katie Doan in One Stop

Sarah Crary in Office of Teaching and Learning

Roxanne England and the Dining Staff

Corey Landowski in Registration and Records

Angie Walswick in Career & Advising Center/Allied Sciences

Angela Seewald-Marquardt, Maggie Latterell, and Nancy Mueller in Student Support Programs.

Here is more information about [Good Things](#) including the entry form.

Entries outside of your own department and outside of SAEM are welcome!

I will follow up your recognition with an email to the person recognized sharing what you wrote to them, a personalized note and we will update the website monthly.



Laura

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