

## OPTION 1: Plan of Study

### Exercise Science/**Master of Athletic Training**

The following combination of courses are suggested semester schedules that allow for completion of the degree in a five-year span. Course arrangement is based on the semester course is offered, classification, and pre-co requisite requirements. This is only an outline and should be used with the curriculum guide. Circumstances may change this plan.

Fall Semester I	Spring Semester I	Summer Session	
ENGL 110/120 <sup>(ENGL 110 includes ENGL 100 lab for 1 credit or placement)</sup> 3 cr	COMM 110 3 cr		
HNES 170 2 cr	CSCI 114 or TL 116 3 cr		
Psyc 111 3 cr	ENGL 120 3 cr		
Math 103* 3 cr	MATH 105 3 cr		
Humanities/Global 3 cr	Electives 3 cr		
<b>Total 14 cr</b>	<b>Total 15 cr</b>		
Fall Semester II*	Spring Semester II	Summer Session	
BIOL 220 3 cr	BIOL 221 3 cr		
BIOL 220L 1 cr	BIOL 221L 1 cr		
CHEM 121 <sup>(pre or coreq Math 103)</sup> 3 cr	CHEM 122 3 cr		
CHEM 121 L 1 cr	CHEM 122L 1 cr		
PHYS 211 <sup>(prereq Math 105)</sup> 3 cr	HNES 365 3 cr		
PHYS 211 L 1 cr	STAT 330 3 cr		
HNES 250 3 cr	Electives 3 cr		
<b>Total 15 cr</b>	<b>Total 17 cr</b>		
Fall Semester III **	Spring Semester III	Summer Session	
BIO 150 <sup>(pre req for MATrg)</sup> 3 cr	HNES 368 3 cr	HNES 780 3 cr	
HNES 374 3 cr	HNES 370 3 cr	HNES 720 3 cr	
HNES 375 3 cr	HNES 380 3 cr		
HNES 496 1 cr	HNES 491 1 cr		
HNES 465 3 cr	Humanities/Diversity 3 cr		
HNES 465L 1 cr	Electives 3 cr		
Upper Division Writing 3 cr			
<b>Total 17 cr</b>	<b>Total 16 cr</b>	<b>Total 6 cr</b>	
Fall Semester IV	Spring Semester IV	Summer Session	
HNES 472 3 cr	HNES 778 <sup>(fulfilling HNES 470)</sup> 3 cr	HNES 475 6 cr	
HNES 476 3 cr	HNES 782 5 cr		
HNES 770 2 cr	HNES 794 <sup>(fulfilling 3cr HNES 475)</sup> 3 cr		
HNES 781 4 cr			
HNES 794 2 cr			
<b>Total 14 cr</b>	<b>Total 11 cr</b>	<b>Total 6 cr</b>	
Fall Semester V	Spring Semester V		
HNES 774 3 cr	HNES 772 2 cr		
HNES 776 3 cr	HNES 773 2 cr		
HNES 775 3 cr	HNES 794 5 cr		
HNES 794 2 cr			
<b>Total 11 cr</b>	<b>Total 9 cr</b>		

\*Apply to the Exercise Science Program

\*\*Apply to MATrg Program

**Recommended Elective Options for ES**

PHYS 212- College Physics & Lab  
 PSYC 270- Abnormal Psychology  
 PSYC 280- Intro to Health Psych  
 BIOL 126 - Human Biology

PHARM 170- Common Med and Disease

HNES 217- Pers/Comm Health  
 HNES 388- Prevention and Care of Athletic Injuries  
 HNES 455- Sports Nutrition

PHARM 170- Common Med and Disease

\* A Medical Terminology course is required for MATrg program

**\*HNES 260 Medical Terminology QR**

**\*VETS 115 Medical Terminology for the Paraprofessional**