

# **3 D'S** **OF SAFETY**

## **DIRECT** - DO SOMETHING YOURSELF

**DIRECTLY INSERTING YOURSELF INTO A POTENTIAL SITUATION AND STOPPING IT BY ADDRESSING THOSE WHO ARE INVOLVED**

## **DELEGATE** - HAVE SOMEONE ELSE HELP

**IF YOU FEEL UNSAFE STEPPING IN YOURSELF, GET SOMEONE TO INTERVENE FOR YOU WHO MIGHT BE MORE EQUIPPED TO HANDLE THE SITUATION**

## **DISTRACT** - CREATE A DISTRACTION

**DIFFUSING A POTENTIAL SITUATION BY DISTRACTING THOSE INVOLVED**

**OVERALL, STUDENTS WERE MORE LIKELY TO AGREE THAT:**

**-VIOLENCE CAN BE PREVENTED OR STOPPED**

**-THEY COULD PERSONALLY TAKE ACTION TO PREVENT OR STOP VIOLENCE**

*According to: NDSU We Take A Stand efficacy results*



**NDSU** PRESIDENT'S COUNCIL  
FOR CAMPUS WELL-BEING