

COMING BACK AFTER BEING SICK

**BE PREPARED:
MEET SOMEONE IN EACH OF
YOUR CLASSES, SO IF YOU'RE
EVER SICK OR MISS A CLASS
YOU CAN GET NOTES FROM
THEM.**

**TAKE CARE OF YOURSELF. KNOW
YOUR LIMITS AND FIND BALANCE
BETWEEN WORK AND REST.**

**TRY TO STAY ON TOP OF
ASSIGNMENTS, AND
REACH OUT TO
PROFESSORS EARLY!**

**REACH OUT TO PROFESSORS AND
ASK FOR MISSING MATERIALS AND
EXTENSIONS IF NEEDED. YOU CAN
ALSO REACH OUT TO ANYONE YOU
KNOW IN YOUR CLASSES AND ASK
FOR NOTES!**

**GET INTO A ROUTINE!
GET BACK INTO THE HABIT OF GOING
TO CLASSES AND MAKE TIME TO
CATCH UP ON ASSIGNMENTS AND
CONTENT.**