

4-H Youth Development Program

The North Dakota 4-H Youth Development Program, administered through NDSU Extension, equips youth with essential life skills, confidence and a sense of belonging through meaningful and exciting hands-on learning experiences. Expanded operating support plays a pivotal role in providing young people access to a realm of opportunities. As a result, 4-H cultivates successful pathways in robust workforce development laying the foundation for a prosperous future in North Dakota for our next generation of leaders.

SBARE Request: Operating support for NDSU Extension to

- Expand, multiply and grow 4-H experiences and opportunities
- Provide essential onboarding and meaningful 4-H volunteer training



4-H Fortifies Life Skills

Through hands-on learning, youth build confidence, creativity and curiosity, leadership and resiliency to thrive today and tomorrow.



87% in 4-H shooting sports learned new skills (N=283)



81% in STEM projects are inspired to learn more about technology (N=89)



68% are more interested in the Legislative system after attending Leadership Awareness Weekend (N=36)

4-H Strengthens Communities

Empowered youth with giving hearts and creative hands provide positive change by serving their communities.



500+ North Dakota 4-H clubs participate in over



2,165 service-learning projects, positively supporting and giving back to their communities.



1,236+ NDSU Extension 4-H youth development program activities reaching over



54,231 youth across North Dakota

4-H Volunteers Gain Professional Development

4-H volunteers provide safe and high-quality learning experiences as they accrue meaningful growth and learning.



82% increased their confidence as a leader (N=225)



89% made new connections in their community on behalf of 4-H (N=225)



87% gained personal benefits by volunteering, including developing new skills useful in other settings (N=225)

ND 4-H volunteers give **7** hours per month to their communities. Annually, this time is worth **\$2,165** per volunteer. With 1,540 volunteers in 2023, that's \$3.3 million.

4-H Highlights

9.7% increase in enrolled 4-H members members (2022 to 2023) totaling **6,909** North Dakota 4-H'ers

7% increase (2022 to 2023) in total youth reached through NDSU Extension program activities

5% increase in 4-H camp participation from 2022 (397 youth) to 2023 (417 youth) representing 47 counties and five states

For more information:

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Data for 4-H Fortifies Life Skills and 4-H Strengthens Communities are from the 2022 North Dakota 4-H Impacts. Information for 4-H Volunteers Gain Professional Development taken from Grant, Samantha & Maass, Sarah & Vetterl, Rachelle & Harrington, Rebecca & O'Neil, Kandi & McGlaughlin, Patricia & Good, Tillie. (2020). The Impact of Volunteering: A Multi-State Study of 4-H Youth Development Volunteers. Journal of Youth Development. 15, 32-50. 10.5195/jyd.2020.870.